

Small Journal/Booklet Instruction

Making journals is an amazing experience and there are so many ways to create them. These instructions and corresponding video are just one way to do this...

List of items needed (and a few optional):

- 1 piece of 8.5x11 cardstock for the cover (including pockets)
- 1 piece of 8.5x11 complementary color cardstock for details on the front and for tags
- 5+ interior pages - copy paper weight
- lace or fabric to cover the spine
- length of twine/string/floss to bind the papers into the journal
- glue
- scissors
- needle/pokey tool or awl

Optional:

- scoring tool/bone folder
- punch to make pocket divots
- embellishments to decorate
- seam binding or twine etc for a closure
- hole punch and corner rounder
- grommet/eyelette and tool to set it

Basic Steps - see video for details, measurements & full demonstration:

1. Score (or fold) folder cardstock as demonstrated in the video.
2. Fold on score lines.
3. Trim areas and use punch for the divot if desired.
4. Glue sides of the folder, then glue pocket edges upward.
5. Set the grommet/eyelette if desired or just punch a hole.
6. Measure and cut interior pages to fit the folder, fold them in half.
7. Use a 3-hole pamphlet stitch with the pages to secure the booklet signature.
8. Decorate the journal/booklet and pages, inside and out.
9. Glue lace or fabric to the spine to reinforce.
10. Add the seam-binding/ribbon closure to wrap around the journal.

If you have any questions, just leave a comment on the instructional video...

[YouTube.com/c/PositiveThanksLiving](https://www.youtube.com/c/PositiveThanksLiving)

Happy Crafting - Lori @ Positive Thanks Living. com